

The day trips are a great way to socialise with likeminded people, explore new places and offer great value for money. Below is a brief itinerary for each trip, cost, pick up points and how to book your place. **Places are limited so book early to avoid disappointment.**

Coach Pick Up Points

1. Buckhurst Hill, Russell Rd Bus Stop By The Pond and St John's Church
2. Loughton, Bus Stop outside Morrison's
3. Loughton, Bus Stop outside Homebase.
4. Epping, Bus Stop outside St Johns Church.
5. North Weald, Bus Stop opposite the Library

Thursday 24th May 2018

Bure Valley Railway and Norfolk Broads Cruise

Cost: £30 per person

- We arrive at Bure Valley, Aylsham Station at 10.45am. We will be greeted by a member of the team who will introduce us to the wonderful railway and they will be on hand to answer any question. You will have about half an hour of free time to grab a coffee before we board our reserved carriage, then it's time to sit back, relax and enjoy the nine mile nostalgic journey by steam through Norfolk countryside.
- We arrive at Wroxham Station where our coach will be waiting. We are then taken to Wroxham Bridge where you will have some free time.
- Wroxham is dominated by one brand – ROYS, established in 1899 and has the award of The World's Largest Village Store. There are plenty of cafés, pubs and restaurants in the town to pick from to have lunch. .
- At 1.45pm we reconvene at the Boat Yard in Wroxham to board our boat for a one and a half to two hour cruise of the beautiful Norfolk Broads. Bring along binoculars to take in the fantastic views and spot local wildlife.
- After your cruise you will have time to further explore Wroxham (this will depend on the timing on the day of the cruise)
- After a full day we will leave for home at about 4.30pm.

Wednesday 27th June 2018
Dover Castle

Cost: £30 per person

*** Cost: £15 per person (With English Heritage Membership. This must be valid on the day of the trip and brought on the day or you will have to pay full price entry to the castle).**

- On this day trip we arrive at Dover Castle at around 10.30am.
- You have free time to explore the large site which is Dover Castle.
- Commanding the shortest sea crossing between England and the continent, Dover Castle has a long and immensely eventful history. Known as the 'key to England', this great fortress has played a crucial role in the defence of the realm for over nine centuries, a span equalled only by the Tower of London and Windsor Castle.
- You will have plenty of time to explore the various attractions; here are just a few of them:
- The Great Tower: This is the centre of the castle, with six main rooms to explore including Henry II's own private chamber. A spiral staircase will take you to the roof top to admire the fantastic view.
- The Wartime Tunnels: The Operation Dynamo exhibition in the Secret Tunnels brings the sights and sounds of World War II to life. Delve deep into Dover's white cliffs and enjoy special effects, projections and dramatic film.
- The Underground Hospital: Follow the dramatic journey of a wounded WWII pilot, fighting for his life as he is rushed through to the operating theatre. See the living conditions in the tunnels and hear about the difficulties of treating injuries in such close proximity to falling enemy bombs.
- To make the most of your visit, we suggest on arrival you prioritise which tours and sites you want to go on.
- We will depart for home at about 4.30pm.

Friday 14th September 2018

Whitstable

Cost: £13 per person

- We arrive in Whitstable at around 10.30, you then have plenty of free time to explore this supposedly sleepy fishing village, which has a lot to offer:
- Wander down the High Street to discover the eclectic array of independent boutiques, shops, eateries and art galleries.
- Discover the town's history at the local museum including Oyster cultivation, the invention of helmet diving and the steam drawn passenger train. The famous British actor Peter Cushing of Hammer House of Horror fame lived in Whitstable for 35 years.
- At the harbour you can buy fresh seafood and locally made art and craft goods or just sit in a café and watch the world go by in this working harbour.
- Whitstable Castle is just a short walk from the harbour and has lovely grounds.
- You can also take a stroll along the sea front towards Tankerton if the weather is fine and admire the lovely sea views.
- We leave for home around 4.30pm

November 2018

Christmas Trip Details to be confirmed

Cost: £per person

Booking Information

You can book all of the above trips in the New Year from **Monday the 8th of January 2018**, until two weeks prior to the date of the trip (Please see important information below regarding the Dover Castle Trip^{*}) or until all the places are taken, whichever is sooner. **Payment must be made at time of booking.**

- Book and pay on line at www.eppingforestdc.gov.uk/foreveractive
- Or book and Pay over the phone using debit or credit^{*} card by calling our admin team on **01992 564226** (Monday to Friday 10am to 4pm)

- Book and pay by either debit, credit* card, cash or cheque in person by visiting our **Community Services Office, 25 Hemnall Street, Epping Essex CM16 4LU** (Located on the same site as Epping Sports Centre), Monday, Tuesday and Thursday 10am to 4pm

Karen Murray the Forever Active Day Trips Coordinator will be pleased to provide you with any further details about the trips and she can be contacted on Email kmurray@eppingforestdc.gov.uk or Tel. **01992 564222** and leave your details, please note you **cannot book day trips** on this telephone number/email.

All Trips Include Coach and Entry Unless Otherwise Stated

***Important Information Dover Castle Trip**

If you are an English Heritage Member and wish to pay the discounted rate you will need to book your place over the phone and provide your membership details, Booking for this trip will close on 21.05.18

***1%/2% surcharge for credit cards only up to the 13th of January 2018. After this date no surcharge will be applied.**

Please note we do not offer refunds

