

FEBRUARY  
2018

BOOK  
ONLINE

**HALF TERM  
HOLIDAY ACTIVITIES**  
eppingforestdc.gov.uk/holiday-activities  
or telephone 01992 564226 (Mon-Fri 10am - 4pm)

**MULTI-SPORTS DAYS**

**TENNIS**

**PLAY IN THE FOREST  
GO WILD TEAM**



@EFDCCommunities



@efdcsports



Epping Forest  
District Council

www.eppingforestdc.gov.uk

# EPPING FOREST MULTI SPORTS DAYS

**Tuesday 13th February**

Leverton Junior School, Honey Lane,  
Waltham Abbey EN9 3BE

**9.15am – 3.30pm** (Registration 8.45am – 9.15am, Collect 3.30pm – 4.00pm)

**Come and join our experienced coaches for a day of exciting activities.**

We believe that there is a sport and activity for everyone. At our Multi Sports days, young people can expect to get to try a mixture of traditional and non traditional sports from Tennis to American Football with some wacky games and competitions thrown in for good measure.

**Young people will need to dress appropriately for both indoor and outdoor sports, we would also advise a change of clothing in case of bad weather.** Young people will also need a packed lunch, and plenty to drink (fruit juice or water please, no sports drinks). A healthy morning snack will be provided.

AGES  
**5-14**

COST  
**£16**

## GO WILD CAKE DECORATING AND SUGAR CRAFT WORKSHOP

**Tuesday 13th February 10am – 12pm**

Communities Training Room, EFDC, 25 Hemnall Street, Epping CM16 4LU

Valentine's Day inspired cake decorating and sugar craft workshop for children under 16. Come along to this workshop learn how to decorate cakes using piping techniques. You can take home all the cakes you decorate for yourself or to share with your family and friends this Valentines Day. You will learn icing techniques and develop new skills when making the Valentine edible decorations from sugar paste.

All materials, food and drinks will be provided.



AGES  
**6-15**

COST  
**£5.50**

## PLAY IN THE FOREST

**Wednesday 14th February 10am – 12pm**

High Beach opposite the Visitors' Centre, Loughton IG10 4AE

Play in the Forest is all about playing games and having fun in the forest. Join us for this Valentines themed activity where we will be making tissue paper flowers and bead necklaces. We will also have bug hunting, den building and a live story telling session. **Why not bring along your favourite cuddly toy and dress it for the occasion! The best dressed toy will win a prize!**

**Please note: 'Play in the Forest' sessions are provided as play opportunities for children and not as child care.** All children may come and go as they please. Staff are not obligated to prevent any children from leaving the sessions. Parents/Carers are free to stay and join in. Toilet facilities are located in the King's Oak Car Park.

**Drop by at any time  
There is no need to book.**

ALL  
AGES

COST  
**£3**

## TENNIS

**Friday 16th February 10am – 11am**

Roding Valley Recreation Ground, Tennis Courts, Roding Road, Loughton, IG10 3BS

Epping Forest's Tennis Activators sessions will give young people aged 5-10 years the chance to take part in fun engaging tennis activities & competitions. **Booking essential.**

AGES  
**5-10**

COST  
**£3**

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