

Take Your Pic Walks

Join Epping Forest District Council Museums, Heritage and Culture for a series of 4 photography walks. Explore the local landscape with specialist guides and capture the moment, in photos, on video, and/or sound. With support from the Life Walks team.

Bring along your camera, smart phone, or tablet (e.g. iPad)

Exercise different senses and take a mindful approach to exploring the unique and beautiful district of Epping Forest

We welcome Blind/partially sighted, Deaf and differently abled people to join us.



Covering 1 to 3 miles with a variety of stunning views, wild life and historic places of interest, the walks will last roughly two hours to allow for stopping time, the length of the walk will be determined by walkers needs as a group on the day.

Specialist guides will share their knowledge of each local area and give tips on using your camera or smart phone to take pics or record sound. Smart phones or tablets (eg iPad) are ideal for this.

For differently abled walkers who require support, your Personal Assistant/ Support Worker is also invited to take part.

BOOKING

Booking is essential, please call our booking line on 01992 564226 Monday to Friday 10am - 4pm or book online at www.eppingforestdc.gov.uk/bookings

Not all routes are accessible for wheelchairs though most are flat paths. See overleaf for details.

If you have any questions re disability access – please contact Sonja on

Email: museum@eppingforestdc.gov.uk

Tel: 01992 716882 (Mondays or Wednesdays)

As a pilot
initiative
walks are
FREE



Monday 19 June 2017 at 10:45

Meet - LVRPA Abbey Gardens car park, Waltham Abbey EN9 1XQ

Guided historical walk around the Abbey Gardens in the grounds of Waltham Abbey. Your expert guide leading this walk will be the Museum manager from Epping Forest District Museum + landscape photography expert.

Paths — mostly tarmac, some grass, all on the flat. Wheelchair Accessible
Wheelchair Accessible Toilets at the Town Hall - 5 mins away

Monday 3 July 2017 at 10:45

**Meet - Fishers Green overflow car park (past first car park),
Stubbins Hall Lane, Crooked Mile, Waltham Abbey EN9 2EF**

Guided nature walk along the River Lee, Lee Valley Park, including visit to a bird hide. An expert on wild birds (ornithologist) will accompany you on this walk + landscape photography expert.

Paths — tarmac, gravel and earth, all hard and on the flat, but slightly uneven in parts.

Toilets are in situated in the first car park

Thursday 7 September 2017 at 10:45

**Meet - Lee Valley White Water Centre (first car park on
right), Waltham Abbey EN9 1AB**

Guided nature walk around Bowyers Water lake, Lee Valley Park.
Expert guide to be confirmed + landscape photography expert.

Paths — smooth tarmac, slight slope down at start. Wheelchair Accessible
Wheelchair Accessible Toilets at White Water Centre

Monday 25 September 2017 at 10:45

Meet - Fairmead car park, nr High Beach, Epping Forest IG10 4HR

Guided nature walk in the forest taking in Connaught Waters lake. Your guide on this walk will be an expert on the history of the local landscape + landscape photography expert.

Paths — two gentle inclines, mainly earth paths — 50% good smooth paths, 50% hard but rough paths through the forest.

Car park is accessed by passing the bikers tea hut parking area, and along a rather bumpy potholed road in the forest.

No toilets on site

Detailed directions for meet up points available on booking